

2011-12 TSSAA Handbook

Tennessee Middle School Athletic Association Sports Calendar

FOR ALL SPORTS, EXCEPT FOOTBALL AND BASKETBALL, PRACTICE CAN BEGIN NO EARLIER THAN FOUR WEEKS PRIOR TO THE FIRST SCHEDULED CONTEST AND SHALL END AFTER THE LAST TOURNAMENT OR REGULAR SEASON GAME IN WHICH THE TEAM PARTICIPATES.

PRESEASON SCRIMMAGES WITH OTHER SCHOOLS ARE NOT PERMITTED UNTIL BOTH SCHOOLS HAVE PRACTICED A MINIMUM OF THREE DAYS.

ALL ATHLETIC PRACTICE DURING REGULAR HOURS OF ANY SCHOOL DAY SHALL CONFORM TO THE SAME RULES, REGULATIONS, AND SEASONS AS CORRESPONDING PRACTICE OUTSIDE THE SCHOOL DAY.

| Sport | First Practice Date | Date of First Contest | Number of Regular Season Contests | Off-Season Practice | Summer Practice |
|--------------------------------|---|--|--|---|-----------------|
| Football | Monday of Week of Aug. 1 or 4 Weeks Prior to First Contest, Whichever is Later. | Left up to the Discretion of the Local Education Association | 8 Games | 10 Days Within 15 Consecutive Schools Days & 2 Interschool Scrimmages | No Pads |
| Golf (Boys' & Girls') | | | 15 Dates | No Restrictions | No Restrictions |
| Girls' Volleyball | | | 20 Matches | None | No Restrictions |
| Cross Country (Boys' & Girls') | | | 12 Dates | No Restrictions | No Restrictions |
| Girls' Soccer | | | 12 Matches | None | No Restrictions |
| Basketball (Boys' & Girls') | Monday of Week of Oct. 1 or 4 Weeks Prior to First Contest, Whichever is Later. | | 18 Games Plus Season Ending Tournament | 10 Days Within 15 Consecutive School Days & 2 Interschool Scrimmages | No Restrictions |
| Wrestling | | | 12 Dates | No Restrictions | No Restrictions |
| Girls' Softball & Baseball | | | 16 Games | None | No Restrictions |
| Soccer | | | 12 Matches | None | No Restrictions |
| Track (Boys' & Girls') | | | 8 Dates | None | No Restrictions |
| Tennis (Boys' & Girls') | | | 15 Matches | No Restrictions | No Restrictions |

Tournaments shall count as two games/dates not withstanding the number of games/dates in which each team participates in a tournament.

Basketball Regulations:

- 18 regular season games with all tournaments counting as two games not withstanding the number of games in which each team participates in a tournament.
- The season ending TMSAA Area and Sectional tournament series will count as one tournament provided no other games are played between or after.

Regulations for All Sports:

POST SEASON TOURNAMENTS or BOWL GAMES may be played provided the plan is approved by the state office annually. Any post season tournament or play-off format that exceeds the number of regular season contests allowed must be approved by the state office.

DEAD PERIOD – THE WEEK PRECEDING the Fourth of July week and the week of the Fourth of July. There can be no coaching, contact with, or observation by coaches with any players. All school's indoor facilities must be closed unless approved in writing by the TSSAA.