

## 2011 TRACK INFORMATION SHEET

1. All track coaches must pick up their team packet at the Track & Field Information Tent, which is located at the entrance to the Greenland Drive parking lot at MTSU. The Track & Field Information Tent will be open: Monday 8am to 12 noon, Tuesday 8am to 12 noon, Wednesday 12 noon to 6pm, Thursday 8am to 6pm, and Friday 8am to 5pm. Each packet will have complimentary passes for all coaches, wrist bands for all participants, certificates, and other valuable information for participants. The number of passes each school will receive for its coaches will be based on the number of coaches that each school has registered online with TSSAA. You will need to check with your school's Athletic Director to make sure that this has been done. You will receive one pass for each coach that is registered online. You will receive one wrist band for each participant that has qualified for the State Meet. If you have a relay team that has qualified for the State Meet, you will receive two extra wrist bands. Coach's passes and participant wrist bands will allow coaches and participants to attend any session in any sport of the BlueCross Spring Fling. For entry to any event, coach's passes and participant wrist bands must be displayed at all times. Coaches, please make sure that your competitors understand that the wrist band is the only way they can be admitted to the track and field competition. Coaches, please emphasize that the athletes must wear the wrist band during their stay in Murfreesboro. The wrist band **MUST** be worn around the wrist. The wrist band **CANNOT** be worn on the ankle, belt-loop, backpack, etc. Furthermore, wrist bands will **NOT** be replaced unless the participant brings the torn wrist band to the clerk's tent by the competitor's gate.

**Wrist bands for Decathlon and Pentathlon participants will be Blue and are only good for Monday and Tuesday.**

There will be one complimentary parking pass for each day the team participates in the State Track and Field Championships. Busses will not need a parking pass. All other vehicles will be required to present a parking pass upon entering the Greenland Drive Parking lot.

2. **THE TRACK WILL NOT BE OPEN AT ANY TIME FOR PRACTICE.** Warm-up areas will be open 2 hrs before the first event. The Press Box and Observation Deck will be reserved for television media crews only, in order to provide live video streaming of the Track & Field events. There will be a Coaches' Box designated at each field event. Coaches must be in the Coaches' Box or in the stands at all times.
3. Tents for competitors should be set up on the MTSU football practice field nearest to Murphy Center. The adjacent practice field will be used as a warm-up area
4. **Monday through Friday admission is \$8.00 and parking is \$5.00 per day.** All cars must purchase a parking pass that will allow you to come and go, and also will allow you to go to any other BlueCross SpringFling facility.
5. The Clerk of Course will be set up at the North end of the warm-up area (football practice fields). All participants must go from the tent area or warm-up area to the Clerk of Course. They will be escorted to the starting line, awards stand, and will exit the track at the gate near the finish line. Athletes may not go from the grandstand area to the track area. Please go over this information with all athletes. If an athlete is in the grandstand area, they must go to the warm-up area in order to report to the Clerk on second call.
6. Relay Cards – You will find relay cards in your packet if you have a relay team that has qualified for the State Track Meet. Names of the relay team members must be printed and signed by each competitor. The relay card must be turned in to the Clerk of Course on second call.

In Class A-AA and Division II, there are places for the four members of the relay team. Any person who has been turned in on your eligibility report may participate on the relay team, provided they are not in violation of the four-event limitation rule. The relay counts as an event for each competitor once they report to the Clerk of Course.

In Class AAA, there are six names on your relay card in the 4 x 100, 4 x 200, and 4 x 400. Since we are running prelims and finals in these events, the relay is composed of six members. Any student-athlete on your eligibility report may participate on a relay team, provided they are not in violation of the four-event limitation rule. The relay counts as an event for each competitor once the relay reports to the Clerk of Course. These relay cards will be taken up during the prelims by the Clerk of Course and used for the finals on Thursday night (girls) and Friday night (boys). Only competitors whose names are on the relay card may run in the prelims and finals. Please make certain that you complete the relay card in the manner you desire when it is turned in to the Clerk of Course at the prelims. In the 4 x 800 relay, you will note that the relay card has places for only four names since this is a finals only event.

7. Pyramid spikes will be the only spikes allowed. No spikes longer than ¼ " will be permitted.